



sixfoot track
marathon

NEWSLETTER #2

January 2023

RACE DIRECTOR OVERVIEW

Welcome to the 2023 Six Foot Track Marathon.

We are looking forward to having you all back after landslips and flooding that caused the cancellation of the 2022 event

START LINE

- In 2023 we will go back to having 5 waves start rather than the rolling start format we adopted during the 2021 race. We understand that the rolling start race was a popular format amongst runners but from a control and organisation point of view the wavestart is better.
- We will still shuttle runners from KCC car park starting at 5:30 am on race day but will not have a bus pick up service from the YHA or Carrington Hotel.
- There will be no drop bags at the Start line. Drop bags for transport to the finish may be left at:
 - o bib pick up on Fri at Café 2773 Glenbrook (next door to the Blue MountainsRunning Company), or
 - o at KCC car park on the morning of race day before catching the bus to the Start line.

BUSES

- Buses will be available to shuttle runners and spectators from:
 - o KCC car park to the Start line
 - o Start line/KCC to the Finish line
 - o Start line back to KCC after every wave (for spectators)
 - o Millionth Acre Recreation Area (Duckmaloi car park) to the Finish line
 - o Finish line to Duckmaloi car park
 - o Finish line to Katoomba KCC. These buses will not stop at the Duckmaloi car park as there will be specific buses looping between Duckmaloi car park and the Finish line.
- Because Jenolan Caves House is not accessible via Jenolan Caves Road this year, there will not be a bus to take runners to the Start line from Jenolan Caves House or Jenolan Caves Cottages.
- Runners and spectators should refer to the detailed Bus Schedule (to be promulgated shortly) to ensure they catch the correct bus for their wave start and destination.

SPECTATORS

- We know that many friends and family love to come to the Start and Finish line and so spectators will be allowed at the Start line and Finish line this year. Spectators can only get to the Start line either on the buses from KCC or walking to the Start line using the footpath – **Please do not stop vehicles on Great Western Highway to drop off passengers or walk along the Great Western Highway verge. There is a footpath to the Start line from RFS Bushfire HQ Katoomba.**
- Spectators who want to be at the Finish line they have the following options:
 - o Option 1: Drive through the Jenolan Caves Road and Duckmaloi intersection before 8:00 am and park at the Finish. Volunteers will direct you where to park. **NOTE: Spectators who choose this option will not be able to drive out of the Finish line before 4:00 pm as runners will still be using the same entrance to the Finish line, so please don't park at the Finish line if you want to leave before the end of the day.**
 - o Option 2: Spectators can park at KCC and catch one of the buses to the Start line then reboard to the Finish line. After the race catch a bus back to the KCC car park.
 - o Option 3: Spectators can park at Millionth Acre Recreation Area (at the Duckmaloi turnoff) and catch a shuttle bus that will shuttle between the Finish line and the car park on a continuous basis during the day Starting from 09:30 am. Buses will not stop at any point on the way between Duckmaloi car park and Finish line and vice versa.
 - o Option 4: Spectators can drive to the Black Range Camping Area (Deviation) to support runners but they will not be allowed to drive past the check point at the Jenolan Caves Road and Deviation intersection. There will be traffic managers at this check point. The only way to the Finish from here is to walk or better go back to Duckmaloi car park and catch one of the shuttle buses.

FINISH LINE

- Due to the roads still closed to Jenolan Caves, the Finish line for 2023 will be at Jenolan Caves Cottages. The Six Foot Track Marathon course will be adjusted to cater for the 45 km race distance. New course map is available on the Six Foot Track Marathon website.
- Jenolan Caves will still provide catering and drinks for purchase at the Cottages.
- Buses will shuttle runners back to Duckmaloi car parking or Katoomba as per a set schedule. Buses will leave as they fill up, so runners have the choice to stay around or leave after they finish the race. Spectators will be allowed at the Finish line see details above.
- Runners and spectators should refer to the detailed Bus Schedule (to be promulgated shortly) to ensure they catch the correct bus for their wave start and destination.

VOLUNTEERS

- We will be calling for volunteers in the next week or so. Please watch out for the call on our social media.

COVID SAFETY

- The 2023 event will operate under a COVID Safe Event Plan in line with NSW Government requirements. This plan has been developed to manage the risks associated with COVID-19.
- If you feel unwell please do not attend the event. We ask you to maintain social distancing as much as you can. We will have face-masks and sanitiser available for those who want to use them although they are not mandatory (unless health directives change).

AND LASTLY

- The Six Foot Track Marathon team have worked hard to make this event happen and we are lucky to have the support of more than 150 RFS and other Volunteers. We thank them for their support, without which we would not be able to have the race.
- We believe the track will be ready to have the race as normal but, if circumstances change and parts of the course are closed, the committee might be required to amend the course further but as much notice as possible will be given.
- We will send more details of bib collection day and race day logistics in the next Newsletter coming soon.
- Enjoy the rest of your training and I look forward to seeing you all cross the Finish line on race day.

Mohammed Alkhub
Race Director
January 2023

Regularly check www.sixfoot.com and our facebook page for latest details and stay tuned for future Newsletters containing more detailed information on the changes that are outlined in this overview and more.

If you have any questions please email us at info@sixfoot.com

THANK YOU

Six Foot Track Marathon Race Committee
www.sixfoot.com